

Reflections

Saturday & Sunday, April 18 & 19, 2020

Campus open...sort of

The campus will be open on Monday, April 20. Here's the rules:

- Drop in for short visits. Do what you need to do...and leave. Don't spend all day.
- Close your office door.
- Stay away from others. Social distance of 6 feet
- Wipe down everything you touch before you go home.

The little COVID-19 beasties should be dead by now from "age" or the bleaching DFH has received from Angie. She's very thorough.

More voices

I had this insight this weekend that things have changed. We've moved from our initial reaction to the "pause" to something else. Let me explain.

At the beginning, we had to do some real scrambling to move from a dominantly residential focus to a dominantly online focus. When we did this, we had to figure out how the transition would work. We needed a grasp of the mechanics and details of execution. Case in point: the free weekly meditations. I wrote and voiced the scripts, Patty Ray recorded and edited them. Bob put the music/MAS technology to it and shipped it off to Jenny/Dillon who gave it beautiful visuals and put it up on Facebook and YouTube. We figured it out and it works. It's a pretty nifty system. After five weeks, these meditations are gaining real traction in several languages.

This week we had a Zoom meeting with the trainers. At the end of the meeting they asked us (Cheryl, Carole and Scott) what they could do for us. Without thinking, I answered, "Write scripts for the free weekly meditations."

"Write short online courses to be delivered soon. Use your unique expertise to show the world all the wonderful applications of our Monroe tools." In other words, once we figured out the process for free meditations, it's time to let in more voices. The same with our new courses, *Lifting the Veil* and *Awakening*. Two great short courses. We have the template. Let's use this idea/process to let in more voices and show the digital world what wonderful things we have to offer.

The Masterclasses that will be coming up in about 10 days will do this, too.

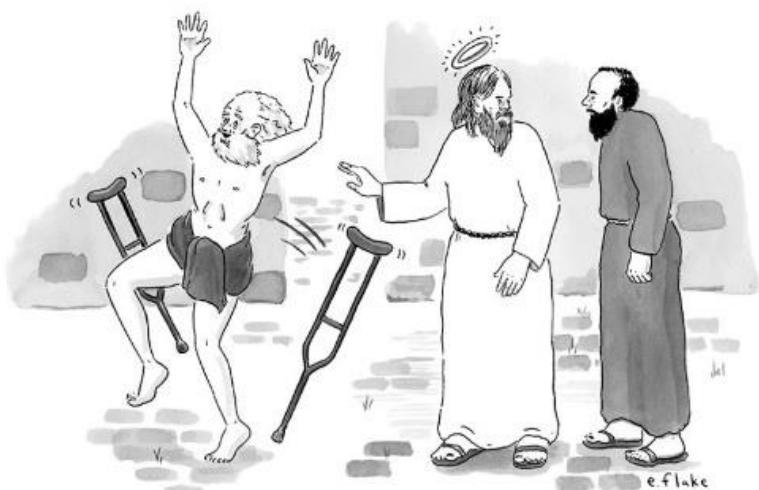
Tying things together

In case you haven't noticed, the last couple of free meditations have been coordinated with the blogs. This week we recorded *Feeling Lighter*, an exploration of the energy conversion box. Last week and this week, our blogs will take a more in depth look at what that we've discovered about living in the new normal and how the ECB helps us understand that. A double whammy on cool Monroe tools.

Feeling Lighter

This week's free meditation has garnered the most amount of listenings of any of our five meditations so far: 3080 in 2 days. Congratulations everyone. This is quite extraordinary.

The trouble with experiences outside the normal



"Yeah, but good luck getting it peer-reviewed."

SEARCH ID: CC135281

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